

Help us to develop the new app

Being a partner in my care: Realistic Medicine together

We'd really value your input at one of our workshops to help develop the Being a partner in my care app. This app aims to provide people with tools and resources to collaborate with healthcare professionals over decisions about their care, based on what matters to the person.

The app helps patients, carers and the public to engage with healthcare professionals in Realistic Medicine.

This is an approach to healthcare that aims to put people at the centre of decisions made about their care.

We have developed an initial version of the app and gathered feedback on it. We would now like to get input from both professionals and citizens more widely on how we best respond to this feedback to make the app as useful as possible.

Please sign up for one of our workshops using this [form](https://forms.office.com/e/G0rAvsJgyn)
<https://forms.office.com/e/G0rAvsJgyn> Workshops will be held on MS Teams.

Monday 24th March 3 pm – 4 pm

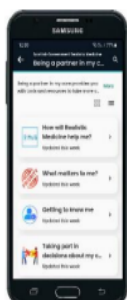
Tuesday 1st April 4-5 pm

The app is available through the Right Decisions for Health and Care platform as a website and as a downloadable mobile app.

Access the [website](https://rightdecisions.scot.nhs.uk/partnerinmycare) at <https://rightdecisions.scot.nhs.uk/partnerinmycare>

Access the mobile app

- Scan the QR code below with your camera or QR code scanner or use the link <https://rds.app.link/32317>
- If prompted, click on "Install" to install the Right Decisions app.
- Open Right Decisions and you will be taken to your toolkit automatically.
- When you next open the RDS app you will find this toolkit saved in the My toolkits tab.



App



Website